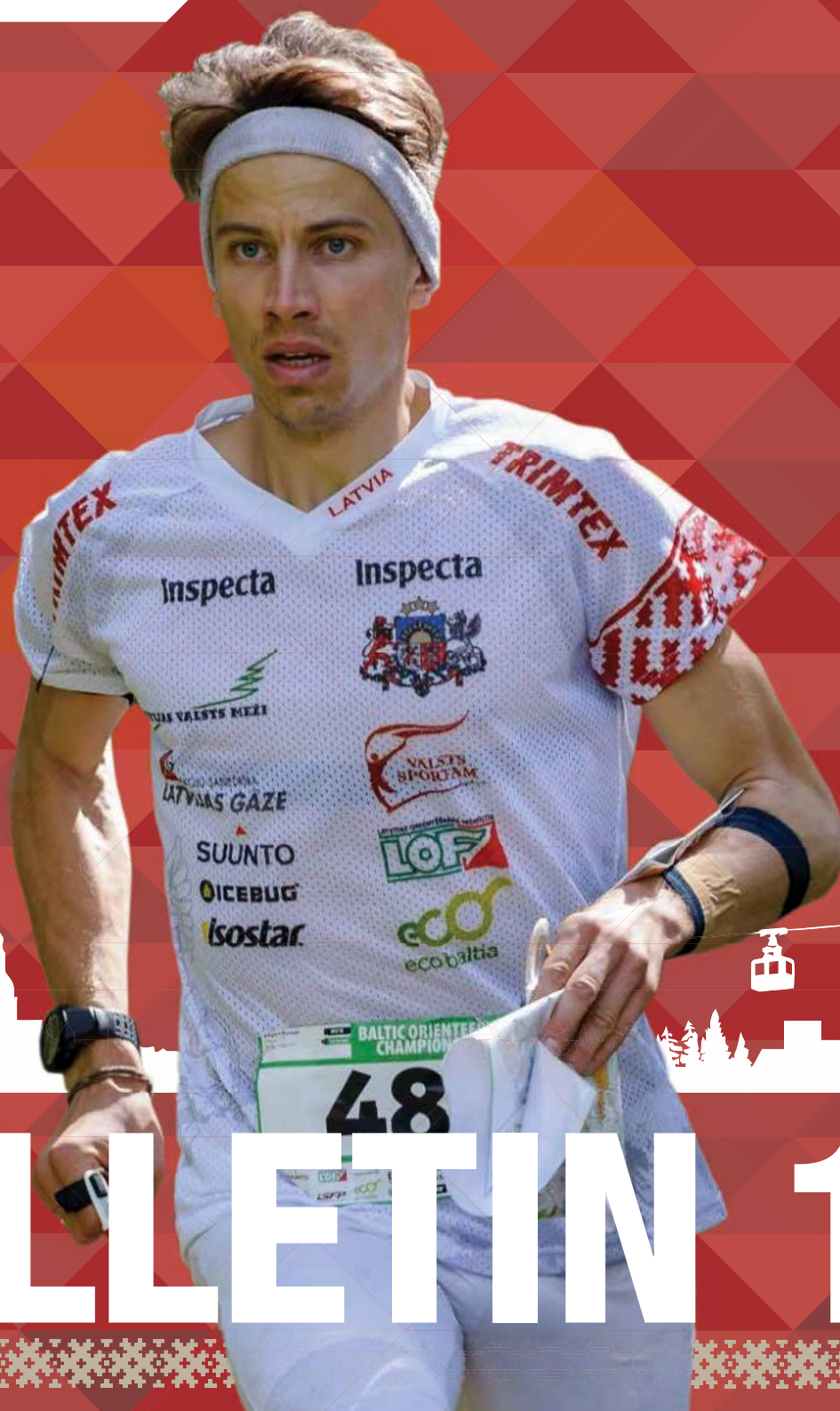




WORLD
ORIENTEERING
CHAMPIONSHIPS
RIGA | SIGULDA
LATVIA | 2018

4 - 11 AUGUST

Latvia 100 



BULLETIN 1

DEAR ORIENTEERING FRIENDS WORLDWIDE

What only a few years ago seemed as a faraway dream, soon will become a reality – in 2018, the year of Latvia's centenary, World Orienteering Championships will take place in Latvia. To host the top event of the year in the world-level orienteering is a great honour and an equally demanding responsibility. In the summer of 2018 Riga

and Sigulda will be the capital cities of orienteering. I have no doubt that both local and foreign orienteers will enjoy running an orienteering race in a so historically and culturally rich place as the old town of Riga. This will be the first time ever that the World Orienteering Championships Finals will take place in the very heart of a capital city. We will do everything to make this event unforgettable for competitors and spectators alike.

For certain, the unique nature and beauty of the terrains of

Sigulda area will take away the breath of the worlds' best orienteers as well as those who enjoy our sport in a more relaxed manner – the picturesque Gauja River valley is a dream for connoisseurs of orienteering.

I encourage everyone to mark year 2018 and Latvia in your calendars right now – it will be the WOC of the century!

Viesturs Tamužs,
President of the Latvian
Orienteering Federation.



while the forest races will be held in Sigulda, which is often referred to as “the Latvian Switzerland”. In addition to WOC2018, Latvia will host

the 25th European Foresters' Orienteering Championships (EFOL), while the spectators and orienteering fans will have a chance to run in the same terrains as the athletes competing in the world championships.



WOC PROGRAMME

WOC2018 will be the last championships according to the “old” system which combines urban and forest races. Further on, there are going to be separate forest based and urban based competitions.

The WOC races are planned to be held as follows:

03.08.2018	Friday	Arrival	
04.08.2018	Saturday	Sprint Qualification	Riga
04.08.2018	Saturday	Sprint final	Riga
05.08.2018	Sunday	Sprint relay	Riga
06.08.2018	Monday	Rest day	
07.08.2018	Tuesday	Middle distance	Sigulda
08.08.2018	Wednesday	Rest day	
09.08.2018	Thursday	Relay	Sigulda
10.08.2018	Friday	Rest day	
11.08.2018	Saturday	Long distance	Sigulda
12.08.2018	Sunday	Departure	

Spectators and fans will be able to enjoy a number of sportive events in the competition arenas.



COMPETITION RULES

The 2018 edition of the competition rules for IOF Foot Orienteering events will be applicable to the 2018 World Orienteering Championships.

CLASSES AND ENTRY REGULATIONS

- There is one class for women and one class for men. There are no age restrictions (Rule 5.7)
- All competitors represent a Federation (Rule 6.5)
- A competitor may represent only one Federation during any one calendar year (Rule 6.1)
- Competitors who are representing a Federation shall have full passport-holding citizenship of the country of that Federation (Rule 6.2)

ANTI-DOPING

The Organisers will comply with the IOF Anti-Doping Rules valid at the time of the WOC 2018.

ORGANISATION

Event Director: Jānis Lazdāns, janis.lazdans@woc2018.lv

Event Secretary: Inese Purgaile, info@woc2018.lv

Finances: Ģirts Mamis, lof@lof.lv

IT Manager: Kārlis Osis

EVENT CONTROLLERS

IOF Senior Event Adviser: Jorn Sundby (Norway)

IOF Assistant Event Adviser: Urs Hofer (Switzerland)

National Controller: Guntars Mankus (Latvia)



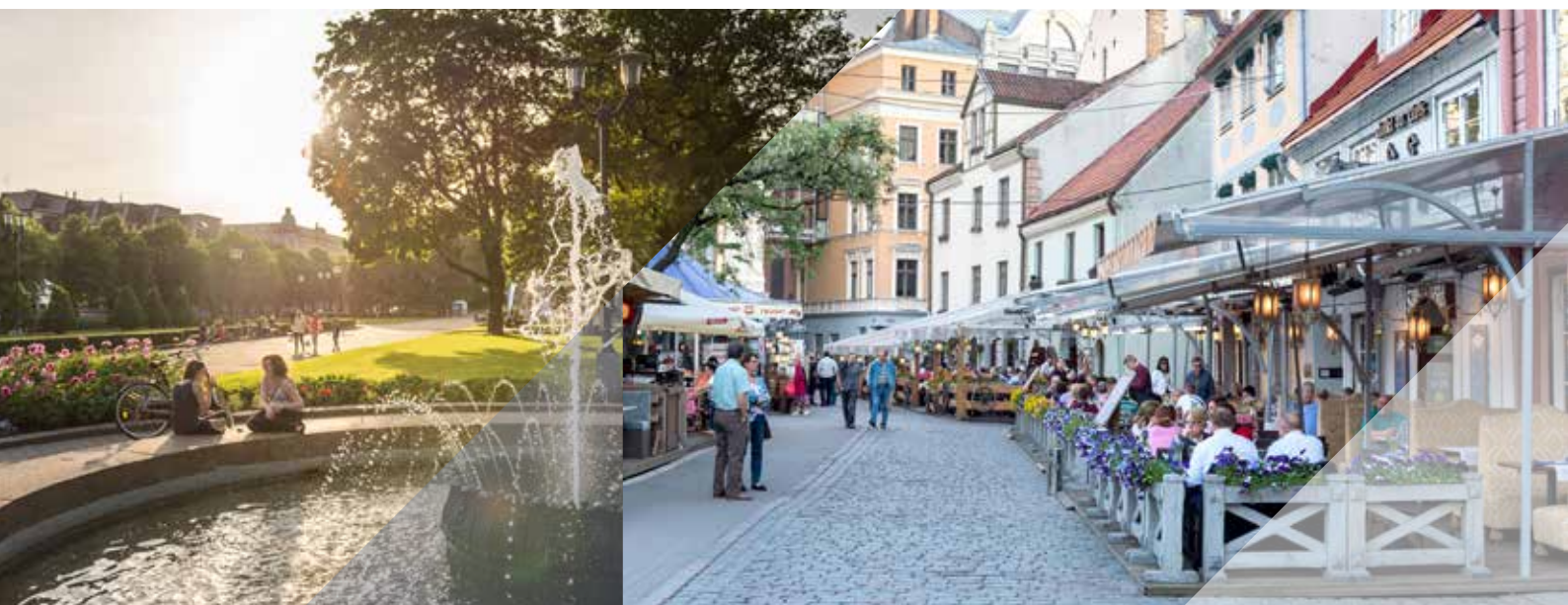
RIGA and SIGULDA will be the competition centres

The opening ceremony and sprint races will be held in Riga, the capital of Latvia.

The Riga International Airport (RIX) is the largest airport in Latvia and in the Baltic countries. It is situated 13 km south-west from Riga. The city can be reached by a bus or a taxi. Several car rental companies have their offices in the airport.

Forest races will take place in Sigulda, “the Latvian Switzerland”.

Sigulda is 53 km away from Riga and is among the most popular tourist destinations in Latvia. From Riga, Sigulda can be reached by train, bus or car (A2 motorway).



EVENT CENTRE

The event centre is located in the Culture Centre of Sigulda. The prize-giving ceremony will be held in the square near the railway station (350 m from the event centre).

ACCOMMODATION

Competitors will be offered a variety of accommodation options within a wide price range in Sigulda and nearby vicinity. National teams will have a choice from A, B, C and D categories:

A – 80-100eur

B – 50-80eur

C – 30-50eur

D – 20-30eur

Booking information will be available on the WOC2018 website.

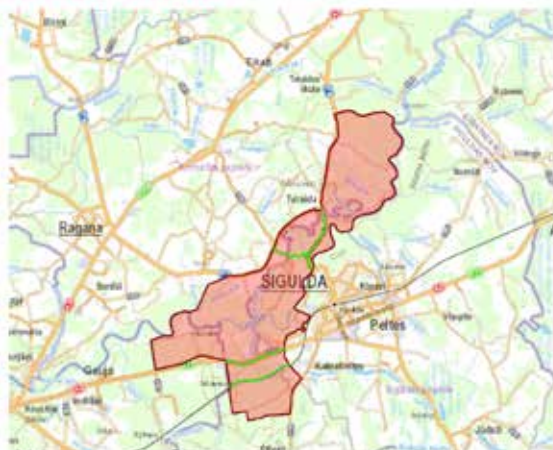


EMBARGOED AREAS

With regard to the IOF Competition Rules (article 26.5), the embargoed areas are forbidden for all potential WOC2018 athletes, team officials and other persons that may be in a position to give information to the team members.



TURAIDA - SIGULDA

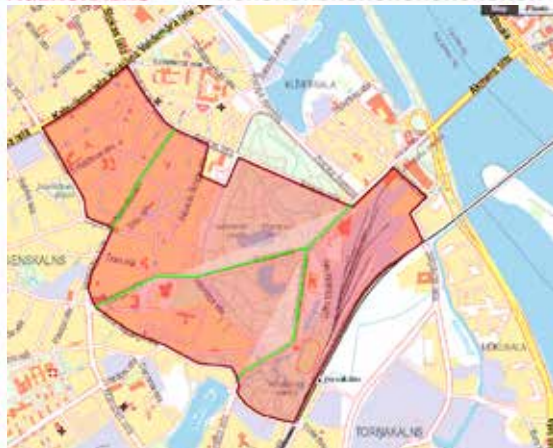


MAP LEGEND:

 - EMBARGOED AREA - COMPETITORS, TEAM OFFICIALS, AND OTHER PERSONS, WHO, THROUGH KNOWLEDGE OF THE TERRAIN MAY INFLUENCE THE RESULTS OF THE COMPETITION, ARE NOT ALLOWED TO ENTER AN EMBARGOED AREA.

 - ALLOWED ROAD OR RAILWAY LINE - IT IS ALLOWED TO CROSS THE FORBIDDEN AREA USING THIS ROAD OR RAILWAY LINE.

AGENSKALNS



RIGA OLD TOWN



More information and maps are available on the WOC2018 website: www.woc2018.lv

TRAINING POSSIBILITIES

Free training possibilities within the boundaries of the Gauja National Park are subject to specific rules. All trainings of a foreign national team should be co-ordinated with the organisers of the event. Information: janis.lazdans@woc2018.lv

We recommend purchasing training maps from the WOC2018 organisers. Only the maps provided by the organisers will have accurate information about the accessible and embargoed areas. In case of doubt, please do not hesitate to mail your questions to the above e-mail address.

<http://www.woc2018.lv/training-opportunities>



TRAINING CAMP SCHEDULE

The preparations for WOC2018 include four official training camps that are adjusted to the Latvian Orienteering Federation events and will offer relevant and exclusive terrains for national teams and individual runners.

PLANNED TRAINING CAMPS

Training camp 2	May/June 2017
Training camp 3	September/October 2017
Training camp 4	May/June 2018

Training possibilities on alternative dates are available upon request. For more information, please contact: janis.lazdans@woc2018.lv

COMPETITIONS (We offer use our competition events for training.)

1.	8.-9.04.2017	Kurzemes Pavasaris	WRE	Middle WRE, long
2.	22.-23.04.2017	Rīgas Kausi	WRE	Middle WRE, long 2017
3.	6.-7.05.2017	Latvian Championships 2017	WRE	Sprint, sprint relay
4.	14.05.2017	Latvian Championships 2017		Long
5.	30.06.-02.07.2017	Kāpa 2017	WRE	Long, middle, long
6.	25.-27.08.2017	WCup 2017	WRE	Middle, relay, sprint
7.	9.-10.09.2017	Latvian Championships 2017		Middle, relay

The all 2017 competition calendar will be available on the Latvian Orienteering Federation website www.lof.lv.

COSTS

The cost of maps and training camps have been posted on www.woc2018.lv

INFORMATION UPDATES

The WOC2018 website contains more information on training, facilities and map availability and is regularly updated.

The Latvian Orienteering Federation website www.lof.lv is a source of information about the upcoming competitions and events.

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Phone: +371 26470447

MORE INFORMATION ABOUT RIGA AND SIGULDA

<http://www.visitlatvia.lv/>

<http://www.liveriga.com/>

<http://tourism.sigulda.lv/>

<http://www.entergauja.com/>

<http://www.turaida-muzejs.lv/>

www.woc2018.lv



SPECIALLY PROTECTED CULTURAL MONUMENT
THE TURAIDA MUSEUM RESERVE



PHOTO: www.LiveRiga.com / www.photomiller.com / Donatas Lazauskas - www.orienteing.lt / Gunārs Dukšte

