

| M12 (7) | | | | 12 |
|---------|------------------------|--------|-----------|---------|
| PI | Stno Name | 1,8 km | YB Club | C |
| | | | | Time |
| 1 | 10 Even Thoresen | | Norway | 17:00 |
| 2 | 4 Damian Jeliński | | Poland | 32:33 |
| 3 | 6 Błażej Słowik | | Poland | 41:24 |
| 4 | 1 Bartosz Raczkowski | | Poland | 1:04:51 |
| 5 | 2 Filip Siermiantowski | | Poland | 1:09:36 |
| 6 | 402 Karolis Boguska | | Lithuania | 1:38:53 |
| | 3 Marcis Meiers | | Latvia | dns |

| M14/16 (7) | | | | 18 |
|------------|-----------------------------|--------|-----------|-------|
| PI | Stno Name | 2,7 km | YB Club | C |
| | | | | Time |
| 1 | 11 Edvinas Stasiunas | | Lithuania | 19:57 |
| 2 | 404 Justinas Trunce | | Lithuania | 25:50 |
| 3 | 7 Edijs Dzalbs | | Latvia | 27:18 |
| 4 | 12 Jorgen Gjolstad Rohnebak | | Norway | 28:26 |
| 5 | 403 Domantas Tevelis | | Lithuania | 31:47 |
| | 8 Wojciech Gałecki | | Poland | mp |
| | 9 Lauris Vilcinš | | Latvia | dns |

| M18 (26) | | | | 18 |
|----------|-----------------------------|--------|---------|-------|
| PI | Stno Name | 2,6 km | YB Club | C |
| | | | | Time |
| 1 | 22 Anders Gjolstad Rohnebak | | Norway | 16:03 |
| 2 | 29 Emils Dzalbs | | Latvia | 16:34 |
| 3 | 21 Aleksander Kowalczyk | | Poland | 17:17 |
| 4 | 18 Albert Kaczmarczyk | | Poland | 17:28 |
| 5 | 34 Damian Jakubczyk | | Poland | 18:49 |
| 6 | 35 Bendix Gjolstad Smith | | Norway | 19:51 |
| 7 | 26 Tomi Minkkinen | | Finland | 20:35 |
| 8 | 16 Marcin Słowik | | Poland | 20:43 |
| 9 | 19 Wojciech Cichos | | Poland | 20:59 |
| 10 | 14 Dawid Nowicki | | Poland | 21:05 |
| 11 | 31 Bartosz Karczmarski | | Poland | 21:44 |
| 12 | 13 Jędrzej Strawa | | Poland | 22:13 |
| 13 | 32 Dawid Szmyt | | Poland | 22:40 |
| 14 | 15 Wojciech Knabeldorf | | Poland | 23:17 |
| 15 | 33 Patryk Sopata | | Poland | 23:54 |
| 16 | 37 Przemysław Szmigiel | | Poland | 28:25 |
| 17 | 27 Piotr Ludwikowski | | Poland | 29:56 |
| 18 | 38 Maciej Paluszkiwicz | | Poland | 30:42 |
| 19 | 20 Mateusz Lustyk | | Poland | 31:17 |
| 20 | 28 Bartosz Kolc | | Poland | 32:01 |
| 21 | 25 Hubert Walerowski | | Poland | 32:33 |
| 22 | 24 Kacper Nowak | | Poland | 33:31 |
| 23 | 17 Damian Kaźmierczak | | Poland | 34:10 |

| | | | | |
|----|----|-------------------|--------|-------|
| 24 | 23 | Mateusz Gonczar | Poland | 34:30 |
| 25 | 30 | Szymon Ussorowski | Poland | 43:15 |
| | 36 | Dawid Ostrowski | Poland | dns |

| 21 | | | | |
|----------|------|------------------|---------|-------|
| M20 (10) | | | | |
| 2,8 km C | | | | |
| PI | Stno | Name | YB Club | Time |
| 1 | 44 | Szymon Grabowski | Poland | 22:16 |
| 2 | 43 | Marcin Rosiński | Poland | 23:25 |
| 3 | 47 | Patryk Sołtysiak | Poland | 24:31 |
| 4 | 41 | Krystian Baran | Poland | 25:30 |
| 5 | 45 | Kacper Gałecki | Poland | 26:02 |
| 6 | 48 | Jan Komarnicki | Poland | 29:53 |
| 7 | 40 | Mateusz Furs | Poland | 31:29 |
| 8 | 46 | Błażej Szewiel | Poland | 33:01 |
| 9 | 42 | Rafał Półczyński | Poland | 34:24 |
| 10 | 39 | Michał Taras | Poland | 37:25 |

| 22 | | | | |
|----------|------|--------------------------|-----------|-------|
| M21 (39) | | | | |
| 2,9 km C | | | | |
| PI | Stno | Name | YB Club | Time |
| 1 | 80 | Janis Krumins | Latvia | 15:22 |
| 2 | 50 | Nauris Neimanis | Latvia | 16:50 |
| 3 | 84 | Tomas Kokanka | Lithuania | 17:19 |
| 4 | 67 | Daniel Mikielski | Poland | 17:22 |
| 5 | 74 | Viktoras Staisiunas | Lithuania | 17:57 |
| 6 | 53 | Peder Gjolstad Rohnebak | Norway | 18:01 |
| 7 | 58 | Karsten Kopland | Norway | 18:17 |
| 8 | 68 | Vyacheslav Basharimov | Belarus | 20:33 |
| 9 | 57 | Mateusz Fabisiak | Poland | 21:48 |
| 10 | 82 | Salvis Dagis | Latvia | 21:55 |
| 11 | 49 | Balázs Garamszegi | Hungary | 21:58 |
| 12 | 65 | Grzegorz Kupczak | Poland | 23:00 |
| 13 | 62 | Martins Krumins | Latvia | 23:01 |
| 14 | 60 | Linus Iseborn | Sweden | 23:08 |
| 15 | 77 | Karol Pietraszko | Poland | 23:16 |
| 16 | 56 | Tarmo Tolm | Estonia | 23:43 |
| 17 | 66 | Anders Skovgaard Knudsen | Denmark | 24:57 |
| 18 | 86 | Bernát Filó | Hungary | 25:35 |
| 19 | 59 | Grzegorz Domian | Poland | 25:38 |
| 20 | 54 | Marius Dimsa | Lithuania | 25:52 |
| 21 | 52 | Arkadiusz Cieślik | Poland | 26:02 |
| 22 | 72 | Johan Wodschow | Denmark | 26:29 |
| 23 | 85 | Emil Lehwark | Poland | 26:34 |
| 24 | 64 | Martinš Dudelis | Latvia | 26:39 |
| 25 | 87 | Sławomir Cieślik | Poland | 26:58 |
| 26 | 63 | Jakub Gałecki | Poland | 27:08 |
| 27 | 76 | Ingus Šmits | Latvia | 27:59 |
| 28 | 51 | Edgaras Cioraitis | Lithuania | 28:41 |
| 29 | 83 | Marek Juszkiewicz | Poland | 32:26 |
| 30 | 81 | Mateusz Franczak | Poland | 35:00 |
| 31 | 55 | Jacek Boczar | Poland | 35:09 |
| 32 | 79 | Marcin Cieślik | Poland | 35:12 |
| 33 | 69 | Andrius Norvila | Lithuania | 35:22 |

| | | | | |
|----|----|------------------|--------|-------|
| 34 | 75 | Andrzej Jadeszko | Poland | 40:50 |
| 35 | 71 | Arturs Keris | Latvia | 41:29 |
| 36 | 61 | Piotr Drozda | Poland | 43:51 |
| | 88 | Artis Dude | Latvia | mp |
| | 73 | Witold Mikielski | Poland | mp |
| | 70 | Jakub Figielski | Poland | mp |

| M35 (14) | | 2,8 km | | 18 |
|-----------------|------------------|-------------------------|-----------|-------------|
| PI | Stno Name | YB Club | C | Time |
| 1 | 100 | Kaspars Zudrags | Latvia | 14:57 |
| 2 | 91 | Audrius Smilgius | Lithuania | 15:27 |
| 3 | 95 | Dalius Boguska | Lithuania | 16:00 |
| 4 | 90 | Meelis Merenäkk | Estonia | 16:33 |
| 5 | 92 | Janis Brauns | Latvia | 17:08 |
| 6 | 101 | Mindaugas Kvedaravicius | Lithuania | 17:36 |
| 7 | 102 | Harijs Meiers | Latvia | 17:50 |
| 8 | 99 | Ścibor Zawiślak | Poland | 20:28 |
| 9 | 243 | Paweł Biernacki | Poland | 20:42 |
| 10 | 98 | Zbigniew Glazko | Lithuania | 20:52 |
| 11 | 93 | Tomas Tervydis | Lithuania | 24:55 |
| 12 | 97 | Szymon Raczkowski | Poland | 34:26 |
| | 96 | Yury Verbitski | Belarus | mp |
| | 94 | Martinš Ulans | Latvia | dns |

| M40 (19) | | 2,6 km | | 18 |
|-----------------|------------------|-------------------------|-------------|-------------|
| PI | Stno Name | YB Club | C | Time |
| 1 | 117 | Justas Budriunas | Lithuania | 13:51 |
| 2 | 121 | Esko Ylikangas | Finland | 13:54 |
| 3 | 120 | Piotr Ratajczak | Poland | 15:16 |
| 4 | 116 | Andris Dzalbs | Latvia | 15:18 |
| 5 | 103 | Ricardas Tevelis | Lithuania | 15:39 |
| 6 | 109 | Ake Larsson | Sweden | 15:42 |
| 7 | 105 | Tonis Piirisild | Estonia | 15:49 |
| 8 | 110 | Jarosław Krzyżostanek | Poland | 16:09 |
| 9 | 114 | Ainars Čops | Latvia | 19:36 |
| 10 | 112 | Stefan Gunnarsson | Sweden | 19:50 |
| 11 | 113 | Waldemar Wańczyk | Poland | 21:44 |
| 12 | 104 | Aivars Dzalbs | Latvia | 26:41 |
| 13 | 108 | Sławomir Przygodzki | Poland | 28:14 |
| 14 | 115 | Arkadiusz Ziarko | Poland | 29:27 |
| 15 | 122 | Jerzy Guziak | Poland | 31:24 |
| 16 | 106 | Grzegorz Siermiantowski | Poland | 33:14 |
| 17 | 111 | Cezary Popławski | Poland | 33:30 |
| | 118 | Uldis Gaiss | Latvia | dns |
| | 119 | Patrick Rossier | Switzerland | dns |

| M45 (20) | | 2,5 km | | 20 |
|-----------------|------------------|----------------|----------|-------------|
| PI | Stno Name | YB Club | C | Time |

| PI | Stno Name | YB Club | Time |
|----|-------------------------|-------------|-------|
| 1 | 140 Raimondas Olisaukas | Lithuania | 14:34 |
| 2 | 130 Roman Šimek | Czech | 15:06 |
| 3 | 129 Allar Padari | Estonia | 16:04 |
| 4 | 138 Arkadiusz Rosiński | Poland | 17:12 |
| 5 | 123 Christian Kosch | Switzerland | 17:21 |
| 6 | 133 Vytautas Staisiunas | Lithuania | 18:07 |
| 7 | 131 Darius Trunce | Lithuania | 18:16 |
| 8 | 137 Andris Neimanis | Latvia | 18:27 |
| 9 | 136 Jarosław Lickiewicz | Poland | 21:14 |
| 10 | 139 László Zagyi | Hungary | 21:26 |
| 11 | 128 Ismo Minkkinen | Finland | 21:30 |
| 12 | 124 Vilmars Katkovskis | Latvia | 22:41 |
| 13 | 134 Radosław Ertel | Poland | 23:03 |
| 14 | 127 Zygmunt Sarnowski | Poland | 25:43 |
| 15 | 126 Martin Smith | Norway | 26:24 |
| 16 | 135 Erlend Rohnebak | Norway | 33:33 |
| 17 | 143 Michail Grigorovich | Belarus | 36:08 |
| | 125 Karsten Borge | Norway | mp |
| | 141 Lubomír Hepnar | Czech | dnf |
| | 142 Dariusz Bączek | Poland | dns |

| M50 (18) | | 2,5 km | 16 C | |
|----------|-----------------------------|-----------|-------|--|
| PI | Stno Name | YB Club | Time | |
| 1 | 187 Pekka Noponen | Finland | 14:55 | |
| 2 | 159 Hakan Svensson | Sweden | 15:20 | |
| 3 | 152 György Filó | Hungary | 16:10 | |
| 4 | 161 Zdeněk Zuzánek | Czech | 16:39 | |
| 5 | 151 Tomasz Konieczny | Poland | 18:08 | |
| 6 | 148 Dariusz Figielski | Poland | 18:42 | |
| 7 | 154 Jiří Šálek | Czech | 18:55 | |
| 8 | 150 Alvydas Vengalis | Lithuania | 19:06 | |
| 9 | 157 Guntis Dude | Latvia | 19:09 | |
| 10 | 145 Marek Mikielski | Poland | 20:12 | |
| 11 | 155 Mariusz Rosik | Poland | 21:22 | |
| 12 | 147 Janis Ence | Latvia | 22:05 | |
| 13 | 158 Adam Krakiewicz | Poland | 33:46 | |
| 14 | 156 Rimantas Sabaliauskas | Lithuania | 45:45 | |
| 15 | 160 Krzysztof Taraszkiewicz | Poland | 46:40 | |
| 16 | 144 Enn Pärt | Estonia | 49:36 | |
| | 149 Dirk Hartmann | Germany | mp | |
| | 153 Iwo Gałecki | Poland | mp | |

| M55 (30) | | 2,4 km | 17 C | |
|----------|---------------------|-----------|-------|--|
| PI | Stno Name | YB Club | Time | |
| 1 | 185 Ari Martikainen | Finland | 13:45 | |
| 2 | 176 Tomáš Václavek | Czech | 13:53 | |
| 3 | 165 Jonas Vilkelis | Lithuania | 14:52 | |
| 4 | 182 Urban Larsson | Poland | 15:00 | |
| 5 | 190 Torgeir Volden | Norway | 15:20 | |
| 6 | 179 István Kürti | Hungary | 15:25 | |

| | | | | |
|----|-----|--------------------------|-------------|-------|
| 7 | 175 | Marek Szczepański | Poland | 15:41 |
| 8 | 177 | Wiktor Malinowski | Poland | 16:20 |
| 9 | 167 | Heinrich Schwingshackl | Italy | 16:21 |
| 10 | 184 | Erling Trankjaer | Denmark | 16:37 |
| 11 | 168 | Lars Strand | Sweden | 16:39 |
| 12 | 164 | Björn Karlsson | Sweden | 16:52 |
| 13 | 163 | Sture Ottesen | Norway | 17:49 |
| 14 | 181 | Erik Haugen | Norway | 17:57 |
| 15 | 180 | Jerzy Sudoł | Poland | 18:21 |
| 16 | 186 | Włodzimierz Protasiewicz | Poland | 19:07 |
| 17 | 146 | Anatoli Navrozov | Belarus | 19:10 |
| 18 | 166 | Beat Philipona | Switzerland | 19:31 |
| 19 | 169 | Imants Caklis | Latvia | 20:56 |
| 20 | 178 | Terje Uthushagen | Norway | 27:04 |
| 21 | 172 | František Albert | Czech | 27:17 |
| 22 | 189 | Błażej Urbanowicz | Poland | 29:29 |
| 23 | 191 | Tuomo Mattila | Finland | 30:34 |
| 24 | 173 | Zygmunt Jeliński | Poland | 35:57 |
| 25 | 162 | Jan Słowik | Poland | 40:14 |
| | 174 | Pekka Partanen | Finland | mp |
| | 171 | Gundars Freimanis | Latvia | mp |
| | 170 | Wiesław Chmielewski | Poland | mp |
| | 188 | Dzintars Laivenieks | Latvia | dns |
| | 183 | Oskars Putnieks | Latvia | dns |

| M60 (8) | | 16 | | |
|----------------|------------------|------------------|-------------|-------------|
| PI | Stno Name | 2,3 km | C | Time |
| | | YB Club | | |
| 1 | 196 | János Spiegl | Hungary | 15:35 |
| 2 | 192 | Riho Männi | Estonia | 15:45 |
| 3 | 194 | Antonín Navrátil | Czech | 16:59 |
| 4 | 198 | Tomáš Zdráhal | Czech | 17:39 |
| 5 | 195 | Walter Marti | Switzerland | 19:09 |
| 6 | 193 | Sven Wodschow | Denmark | 21:12 |
| | 197 | Hannu Humalamäki | Finland | mp |
| | 199 | Antoni Licow | Poland | dns |

| M65 (16) | | 18 | | |
|-----------------|------------------|------------------------|-----------|-------------|
| PI | Stno Name | 2,2 km | C | Time |
| | | YB Club | | |
| 1 | 207 | Leif Sandgren | Sweden | 16:01 |
| 2 | 209 | Knut Skjeset | Norway | 16:39 |
| 3 | 200 | Ake Eckerbom | Sweden | 17:40 |
| 4 | 208 | Leif Skovgaard Knudsen | Denmark | 20:03 |
| 5 | 201 | Antonín Sklenář | Czech | 20:13 |
| 6 | 214 | Eje Andersson | Sweden | 20:17 |
| 7 | 213 | Roar Aasheim | Norway | 20:37 |
| 8 | 205 | Bengt Henriksson | Sweden | 22:21 |
| 9 | 204 | Oddvar Bohn | Norway | 25:18 |
| 10 | 206 | Stein Erik Edvardsen | Norway | 25:46 |
| 11 | 203 | Algis Plauska | Lithuania | 38:20 |
| 12 | 212 | Ryszard Tomys | Poland | 49:10 |

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|-----|---------------|--------|----|
| 211 | Hans Tingvold | Norway | mp |
| 215 | Odd Hauger | Norway | mp |
| 210 | Jaromír Macků | Czech | mp |
| 202 | Oyvind Dahl | Norway | mp |

| M70 (10) | | 2,3 km | 17 C | |
|-----------------|---------------------------|----------------|-----------------|-------------|
| PI | Stno Name | YB Club | | Time |
| 1 | 220 Igor Roháč | Slovakia | | 20:59 |
| 2 | 219 Per Gunnar Gjolstad | Norway | | 25:22 |
| 3 | 217 Halvor Svenkerud | Norway | | 27:36 |
| 4 | 225 Gunnar Jarle Drivvold | Norway | | 27:43 |
| 5 | 216 Rihko Haarla | Finland | | 32:49 |
| 6 | 222 Jonas Ravinskas | Lithuania | | 33:30 |
| 7 | 224 Leif Strömquist | Sweden | | 37:31 |
| 8 | 218 Matti Heikinheimo | Finland | | 37:54 |
| 9 | 221 Oivind Lundberg | Norway | | 38:32 |
| | 223 Bjorn Myhrmoen | Norway | | mp |

| M75/80 (3) | | 2,2 km | 14 C | |
|-------------------|------------------------|----------------|-----------------|-------------|
| PI | Stno Name | YB Club | | Time |
| 1 | 226 Per Arne Grotterod | Norway | | 24:52 |
| 2 | 228 Ingvald Pedersen | Norway | | 27:07 |
| 3 | 227 Edgar Myrvold | Norway | | 27:28 |

| Open (16) | | 2,9 km | 22 C | |
|------------------|--------------------------|----------------|-----------------|-------------|
| PI | Stno Name | YB Club | | Time |
| 1 | 239 Piotr Kurek | Poland | | 34:36 |
| 2 | 234 Kamil Narewski | Poland | | 35:58 |
| 3 | 241 Katarzyna Ościłowska | Poland | | 38:49 |
| 4 | 230 Mariusz Orzoł | Poland | | 40:04 |
| 5 | 237 Ginta Berke | Latvia | | 41:11 |
| 6 | 232 Piotr Zabrocki | Poland | | 45:06 |
| 7 | 246 Daina Freimane | Latvia | | 46:44 |
| 8 | 235 Nicola Romere | Italy | | 52:19 |
| 9 | 233 Iveta Adamsonė | Latvia | | 55:55 |
| 10 | 236 Iwona Prasil | Poland | | 1:25:17 |
| | 247 Tomasz Pelczarski | Poland | | mp |
| | 238 Weronika Gałęcka | Poland | | mp |
| | 240 Kristine Spriedeja | Latvia | | dns |
| | 245 Mariusz Lewczuk | Poland | | dns |
| | 244 Paweł Michniowski | Poland | | dns |
| | 242 Jarosław Reszka | Poland | | dns |

| W12 (6) | | 1,8 km | 11 C | |
|----------------|--|---------------|-----------------|--|
|----------------|--|---------------|-----------------|--|

| PI | Stno Name | YB Club | Time |
|----|---------------------------|---------|-------|
| 1 | 305 Pinja Ylikangas | Finland | 11:41 |
| 2 | 304 Paula Berke | Latvia | 16:17 |
| 3 | 303 Aleksandra Rosińska | Poland | 18:15 |
| 4 | 301 Alicja Zawiaślak | Poland | 28:35 |
| 5 | 311 Sigrid Gjolstad Borge | Norway | 29:16 |
| | 302 Astrid Gjolstad Borge | Norway | dns |

| W14/16 (6) | | 2,4 km | 16 C | |
|------------|-----------------------------|-----------|---------|--|
| PI | Stno Name | YB Club | Time | |
| 1 | 306 Agne Juodagalvyte | Lithuania | 15:26 | |
| 2 | 312 Sabine Dzalba | Latvia | 19:26 | |
| 3 | 310 Beate-Kristiana Vilcina | Latvia | 31:37 | |
| 4 | 307 Frida Gjolstad Smith | Norway | 34:35 | |
| 5 | 308 Gunita Freimane | Latvia | 37:15 | |
| 6 | 309 Nela Siermiantowska | Poland | 1:58:40 | |

| W18 (13) | | 2,4 km | 21 C | |
|----------|-------------------------|---------|---------|--|
| PI | Stno Name | YB Club | Time | |
| 1 | 323 Zuzanna Wańczyk | Poland | 15:09 | |
| 2 | 319 Karolina Polakowska | Poland | 35:28 | |
| 3 | 321 Paulina Potoła | Poland | 38:20 | |
| 4 | 317 Maria Torward | Poland | 39:23 | |
| 5 | 315 Martyna Czaplą | Poland | 44:25 | |
| 6 | 314 Ewelina Soporowska | Poland | 45:20 | |
| 7 | 313 Kinga Bobryk | Poland | 1:08:04 | |
| | 325 Dagmara Sandecka | Poland | mp | |
| | 322 Daria Golańska | Poland | mp | |
| | 316 Klaudia Gontarz | Poland | mp | |
| | 318 Sylwia Świerżewska | Poland | mp | |
| | 320 Klaudia Arnista | Poland | dns | |
| | 324 Vanessa Elińska | Poland | dns | |

| W20 (8) | | 2,7 km | 18 C | |
|---------|--------------------------|-----------|---------|--|
| PI | Stno Name | YB Club | Time | |
| 1 | 330 Sirkku Minkkinen | Finland | 19:08 | |
| 2 | 332 Vilija Revaite | Lithuania | 23:54 | |
| 3 | 333 Sylwia Czekalska | Poland | 28:31 | |
| 4 | 326 Alicja Mania | Poland | 37:53 | |
| 5 | 328 Leide Zake | Latvia | 38:42 | |
| 6 | 334 Magdalena Doroszczyk | Poland | 43:08 | |
| 7 | 331 Karolina Brylewska | Poland | 46:53 | |
| | 329 Maja Boruk | Poland | dns | |

| W21 (20) | | 2,7 km | | 21 C | |
|----------|-------------------------|-------------|--|---------|--|
| PI | Stno Name | YB Club | | Time | |
| 1 | 352 Julie Finsrud Lande | Norway | | 18:14 | |
| 2 | 338 Kinga Górska | Poland | | 18:21 | |
| 3 | 341 Ilona Dage | Latvia | | 20:45 | |
| 4 | 354 Linda Krumina | Latvia | | 22:23 | |
| 5 | 336 Ilze Pikšena | Latvia | | 23:21 | |
| 6 | 346 Ruta Pareigyte | Lithuania | | 23:27 | |
| 7 | 344 Lasma Freimane | Latvia | | 23:39 | |
| 8 | 349 Lita Dudele | Latvia | | 23:45 | |
| 9 | 350 Indre Olisauskaite | Lithuania | | 23:58 | |
| 10 | 335 Irma Zukauskaite | Lithuania | | 25:07 | |
| 11 | 343 Rima Sabaliauskaite | Lithuania | | 25:21 | |
| 12 | 347 Karolina Dąbrowska | Poland | | 25:29 | |
| 13 | 348 Lina Sabaliauskaite | Lithuania | | 25:52 | |
| 14 | 340 Anna Gałęcka-Drozda | Poland | | 26:55 | |
| 15 | 339 Rasa Kumpyte | Lithuania | | 28:01 | |
| 16 | 351 Anna Ornina | Latvia | | 34:01 | |
| 17 | 353 Suzanne Bikker | Netherlands | | 36:30 | |
| 18 | 345 Urszula Franczak | Poland | | 43:46 | |
| 19 | 342 Anna Grzywacz | Poland | | 53:47 | |
| | 401 Tilia Ylikangas | Finland | | mp | |

| W35 (5) | | 2,5 km | | 17 C | |
|---------|-------------------|-----------|--|---------|--|
| PI | Stno Name | YB Club | | Time | |
| 1 | 355 Anna Larsson | Poland | | 22:05 | |
| 2 | 358 Ilze Cakle | Latvia | | 22:34 | |
| 3 | 357 Lina Serviene | Lithuania | | 23:07 | |
| 4 | 356 Ieva Meiere | Latvia | | 24:19 | |
| 5 | 359 Siri Gjolstad | Norway | | 35:34 | |

| W40 (7) | | 2,5 km | | 19 C | |
|---------|-------------------------|-----------|--|---------|--|
| PI | Stno Name | YB Club | | Time | |
| 1 | 360 Liga Virbule | Latvia | | 17:50 | |
| 2 | 361 Agate Thoresen | Norway | | 21:34 | |
| 3 | 364 Edita Kaminskaite | Lithuania | | 22:36 | |
| 4 | 363 Ewelina Breska | Poland | | 23:09 | |
| 5 | 362 Egle Staisiuniene | Lithuania | | 24:29 | |
| 6 | 366 Una Neimane | Latvia | | 26:33 | |
| 7 | 365 Mari Gjolstad Smith | Norway | | 37:04 | |

| W45 (8) | | 2,5 km | | 19 C | |
|---------|--------------------------|-------------|--|---------|--|
| PI | Stno Name | YB Club | | Time | |
| 1 | 371 Magdalena Wańczyk | Poland | | 20:48 | |
| 2 | 377 Danuta Kołodziejczyk | Poland | | 21:42 | |
| 3 | 373 Ausra Sidaraviciene | Lithuania | | 21:56 | |
| 4 | 367 Iris Kosch | Switzerland | | 23:50 | |

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|---|-----|-------------------|---------|-------|
| 5 | 372 | Alena Grigorovich | Belarus | 27:12 |
| 6 | 374 | Agata Słowik | Poland | 41:36 |
| 7 | 368 | Rasa Ziedina | Latvia | 51:41 |

375 Eli Gjolstad Norway mp

| W50 (9) | | 2,5 km | | 15 C |
|---------|-----------|------------------------|---------|---------|
| PI | Stno Name | YB Club | | Time |
| 1 | 383 | Bente Line | Norway | 19:14 |
| 2 | 381 | Danuta Mikielska | Poland | 20:12 |
| 3 | 382 | Ruta Zepa | Latvia | 20:16 |
| 4 | 387 | Tamara Kogutenko | Belarus | 21:16 |
| 5 | 380 | Karin Andersson | Sweden | 21:19 |
| 6 | 378 | Ann Öhlin | Sweden | 21:26 |
| 7 | 386 | Krystyna Konieczna | Poland | 23:03 |
| 8 | 384 | Ingrida Barisa | Latvia | 25:00 |
| 9 | 385 | Guri Gjolstad Rohnebak | Norway | 25:31 |

| W55 (5) | | 2,4 km | | 19 C |
|---------|-----------|--------------------|-----------|---------|
| PI | Stno Name | YB Club | | Time |
| 1 | 390 | Danute Vilkeliene | Lithuania | 18:55 |
| 2 | 391 | Halina Biziuk | Poland | 21:46 |
| 3 | 388 | Inger Marie Oygard | Norway | 24:45 |
| 4 | 379 | Liudmila Pirahova | Belarus | 28:55 |

389 Barbro Andreasson Sweden mp

| W60/65 (6) | | 2,3 km | | 18 C |
|------------|-----------|----------------|---------|---------|
| PI | Stno Name | YB Club | | Time |
| 1 | 395 | Lis Knudsen | Denmark | 19:59 |
| 2 | 394 | Mona Hauger | Norway | 20:36 |
| 3 | 393 | Anne Pesti | Estonia | 27:27 |
| 4 | 396 | Gunvor Skjeset | Norway | 27:56 |
| 5 | 397 | Gunta Vilcina | Latvia | 30:57 |
| 6 | 392 | Reidun Dahl | Norway | 45:40 |

| W70 (2) | | 2,1 km | | 16 C |
|---------|-----------|------------|--------|---------|
| PI | Stno Name | YB Club | | Time |
| 1 | 398 | Marith Aas | Norway | 30:48 |
| 2 | 400 | Mari Pran | Norway | 55:05 |